

**Shopping List – Date: .....**

|                        |  |                                   |  |
|------------------------|--|-----------------------------------|--|
| <b>FRUIT &amp; VEG</b> |  | <b>GROCERIES</b>                  |  |
| Apples                 |  | Brown Bread                       |  |
| Bananas                |  | White Bread                       |  |
| Satsumas               |  | Biscuits                          |  |
| Grapes                 |  | Clubs / Penguins                  |  |
|                        |  | Crisps / Twiglets / Hula Hoops    |  |
| Carrots                |  | Marmite                           |  |
| Green Vegetables       |  | Tea                               |  |
| Potatoes               |  | Coffee                            |  |
| Onions                 |  | Sugar                             |  |
| Garlic                 |  | Weetabix                          |  |
| Mixed Peppers          |  | Shreddies                         |  |
| Peppers                |  | Porridge Oats                     |  |
| Cherry Tomatoes        |  | Rice                              |  |
| Lettuce                |  | Tagliatelle                       |  |
| Cucumber               |  | Spaghetti                         |  |
| Tomatoes               |  | Hollandaise Sauce                 |  |
| Mini Corns and Beans   |  | Curry Sauces                      |  |
| Stir Fry Pack          |  | Pesto                             |  |
| Dill                   |  | Stir Fry Sauces                   |  |
|                        |  | Wok Noodles                       |  |
| <b>PREPARED FOODS</b>  |  | Tomato Puree                      |  |
| Pies                   |  | Oxos                              |  |
| Flans                  |  | Salt                              |  |
| Fresh Pasta            |  | Vinegar                           |  |
| Napolitana Sauce       |  | Branston Pickle                   |  |
| Carbonara Sauce        |  | Mayonnaise                        |  |
| Fresh Soups            |  | Salad Cream                       |  |
|                        |  | Olive Oil                         |  |
| <b>MEAT AND FISH</b>   |  | Sunflower Oil                     |  |
| Ham (sliced)           |  | Ketchup                           |  |
| Corned Beef            |  | HP Sauce                          |  |
| Turkey (sliced)        |  | Gravy Granules                    |  |
| Chicken Breasts        |  |                                   |  |
| Chicken Legs           |  | <b>TINNED FOODS</b>               |  |
| Pork Chops             |  | Tuna                              |  |
| Lamb Chops             |  | Chopped Tomatoes                  |  |
| Minced Beef            |  | Red Kidney Beans                  |  |
| Turkey Steaks          |  | Spaghetti                         |  |
| Salmon Steaks          |  | Baked Beans                       |  |
| Mackerel               |  | Soups                             |  |
| Bacon                  |  |                                   |  |
| Sausages               |  | <b>FROZEN</b>                     |  |
|                        |  | Pies                              |  |
| <b>DAIRY</b>           |  | Pizzas                            |  |
| Milk                   |  | Oven Chips                        |  |
| Cheese                 |  | Peas                              |  |
| Cheese Spread          |  | Cod / Haddock                     |  |
| Eggs                   |  |                                   |  |
| Butter                 |  | <b>HOUSEHOLD</b>                  |  |
| Margarine              |  | Washing Powder – Colours & Whites |  |
|                        |  | Washing Up Liquid                 |  |
| <b>DRINKS</b>          |  | Hand wash                         |  |
| Squash                 |  | Dishwasher Powder                 |  |
| Lagers & Bitters       |  | Dishwasher Salt                   |  |
| Wine – Red and White   |  | Loo Rolls                         |  |